Freestyle Session Rules

> **Freestyle sessions are only open to skaters who have passed the ISI Delta test or higher and are working on jumps, spins, and programs.**
> **These sessions are for individual private lessons and practice time.**

- All coaches and skaters – including private lesson skaters – must pay online and check-in with rink staff before stepping on the ice for each session.

- All skaters must only enter the main ice door and check-in with rink staff.

- Instructions from coaches, rink staff, and supervisors must be followed at all times.

- No food or drink is allowed on the ice or in the hockey box – except water.

- All skaters and coaches must leave the ice promptly at the end of the session.

- 1st Priority for right of way is the skater whose program music is playing. This skater is required to wear the belt while performing their program.

- 2nd Priority for right of way is any skater currently taking a lesson.

- All skaters and coaches are expected to keep their eyes open, to share the ice, and to be considerate of other skaters and coaches at all times.

- No kicking, banging, swearing, or obnoxious behavior will be tolerated. All skaters are expected to conduct themselves in a sportsmanlike manner at all times.

- No one is allowed to sit on the boards at any time.

- Skaters and coaches should not stay in one place on the ice for an extended period of time (i.e. the hockey circles, the corners, the red or blue lines, etc.)

- Each program music can only be played a maximum of 2 times during any Freestyle session.

- Skaters and coaches are responsible to adjust the music volume on the control panel so their music is not too loud to interfere with other lesson instruction.

- Spins should be done in the middle of the ice – except for a skater performing their program.

> *Failure to follow these session rules can result in being removed from current and future skating sessions at the Pasadena Ice Skating Center.*